SEPTEMBER 2023 TALLADEGA COUNTY SCHOOL LUNCH MENU 6-8/9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheeseburger lea Shredded Lettuce/Slice Tomato Ic Dill Slices 4ea Oven Baked Fries ½ c Mixed Fruit ½ c Fresh Fruit 1ea Ketchup 1ea/Mayo 1ea/Mustard 1ea Ice Cream Cup 1ea
HOLIDAY	5 Taco Salad 2oz Tortilla Chips 2oz Shred. Lettuce/Diced Tomatoes 1c Pinto Beans ½ c Peaches ½ c Fresh Fruit 1ea Milk Choice 8oz Shredded Cheese 1oz Taco Sauce 1ea / Sour Cream 1ea	6 Grilled Chicken Sandwich 1ea Shredded Lettuce/Sliced Tomato 1c Dill Slices 4ea Oven Baked Fries ½ c Pineapple Chunks ½ c Fresh Fruit 1ea Milk Choice 8oz Ketchup 3ea/Mayo 1ea/Mustard 1ea	7 Spaghetti w/Meat Sauce 1c Mixed Romaine Salad 1c Corn-on-cob lear WG Roll 2oz Mandarin Oranges ½ c Fresh Fruit 1ea Milk Choice 8oz Salad Dressing 1oz	8 Turkey Wrap 1ea Baby Carrots ½ c Dill Spears 2ea Baked Sun Chips 1ea Mixed Fruit ½ c Fresh Fruit 1ea Milk Choice 8oz Ranch Dressing 1oz
11 Hotdog Iea Kraut ¼ c Baked Beans ½ c Oven Baked Fries ½ c Pears ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3ea/Mayo Iea/Mustard Iea	12 Chicken Nuggets 2oz Creamed Potatoes ½ c Green Peas ½ c WG Roll 2oz Peaches ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 2ea / Sweet Sour 1ea / Honey Mustard 1ea / BBQ 1ea	Pizza 1 slice Mixed Romaine Salad 1c Whole Kernel Corn ½ c Pineapple Chunks ½ c Fresh Fruit ½ c Milk Choice 8oz Assorted Salad Dressing 1oz WG Chocolate Chip Cookie 1ea	Cajun Chicken Alfredo 1c Steamed Broccoli ½ c Sweet Potatoes ½ c Garlic Toast 1 slice Mandarin Oranges ½ c Fresh Fruit ½ c Milk Choice 8oz	Turkey and Cheese Quesadilla Iea Shredded Lettuce/Sliced Tomato Ic Pinto Beans ½ c Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Salsa ¼ c / Sour Cream Iea
18 BBQ Pulled Pork Sandwich 1ea Cole Slaw ½ c Potato Wedges ½ c Corn on cob 1 ear Dill Slices 4ea Pears ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3ea / BBQ 1ea	Lasagna Rolls 1ea Mixed Romaine Salad 1c Green Beans ½ c WG Roll 2oz Peaches ½ c Fresh Fruit ½ c Milk Choice 8oz Assorted Salad Dressing 1oz	20 Sweet & Sour Chicken 2oz Fried Rice ½ c Egg Roll 1ea Steamed Broccoli ½ c Pineapple Chunks ½ c Fresh Fruit ½ c Milk Choice 8oz WG Cookie 1ea	21 Turkey Roast 2oz w/ Gravy 1oz Creamed Potatoes ½ c Pinto Beans ½ c WG Cornbread 2oz Mandarin Oranges ½ c Fresh Fruit ½ c Milk Choice 8oz	Smoked Sausage Dog 1ea Peppers & Onions ½ c Baked Beans ½ c Oven Baked Fries ½ c Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3ea / Mustard 1ea
Fish and Cheese Sandwich 1ea	26 Crispitos 2ea Mexican Rice ½ c Shredded Lettuce / Diced Tomatoes 1c Pinto Beans ½ c Peaches ½ c Fresh Fruit ½ c Milk Choice 8oz Shredded Cheese 1oz Salsa 1oz/Sour Cream 1oz	27 Corndog 1ea Oven Baked Fries ½ c Baked Beans ½ c Cole Slaw ¼ c Pineapple Chunks ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3ea / Mustard 1ea	28 Chicken & Vegetable Dumplings 6ea Brown Rice ½ c Stir Fry Vegetables ½ c Green Peas ½ c WG Roll 2oz Mandarin Oranges ½ c Fresh Fruit ½ c Milk Choice 8oz Sweet Sour Sauce 1ea	29 Ham & Cheese Sandwich 1ea Shredded Lettuce / Sliced Tomatoes 1c Dill Spears 2ea Baby Carrots ½ c Baked Chips 1ea Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Mayo 1ea / Mustard 1ea

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(Please make note that the menu is subject to change)